









April 2024 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 12:00-1:00 Chair Yoga Day Trip: 8:30-5:30 Robie House & The University Of Chicago Institute For the Study of Ancient Culture 	2 11:15-12:15 Senior Aerobics	3 10:15-11:15 Zumba Gold 12:30-2:30 Bingo 	4 10:00-11:00 Informative (Town Hall) Duncan Hines: More than Cake Mix Presenter: Amy Hansen 	5
6	7 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	8 12:00-1:00 Chair Yoga (Annual Town Hall Meeting)	9 11:15-12:15 Senior Aerobics 4:45-8:30 Masquerade Murder Mystery Dinner (Lone Tree Manor) 	10 8:30 Mailing 10:15-11:15 Zumba Gold	11 11:00-12:00 Travelogue (Town Hall) Swedish Lapland Presenter: Wndy Altschuler 	12
13	14 10:30-11:30 Senior Aerobics 2:00-3:00 Floral Class 6:00-7:30 Yoga	15 6:00 a.m. Registration Online Begin May-June Programs 12:00-1:00 Chair Yoga	16 11:15 - 12:15 Senior Aerobics Day Trip: 2:45 p.m.-10:00 p.m. A Wondrous Sound 	17 10:15-11:15 Zumba Gold	18	19
20	21 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	22 12:00-1:00 Chair Yoga	23 11:15-12:15 Senior Aerobics 9:30-4:30 Health: Memory Screening Presented: Monika Petersen (appointment only)	24 10:15-11:15 Zumba Gold 1:00-3:00 Day at the Races 	25 1:00-3:00 Uncork Unwind Charcuterie Board to Amaze your Guests Presenter: Heidi Schmalz	26
27	28 10:30-11:30 Senior Aerobics (Makeup) 6:00-7:30 Yoga (Makeup)	29 1:30-3:30 Monthly Movie "The Whale" 	30 11:15-12:15 Senior Aerobics Day Trip: 7:00-4:00 Four Winds Casino 